



# What is Sabbath?

8/8/21

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

- 2 Chronicles 7:14

What surprised you from today's message?

What will stick with you about today's message?

What are you going to struggle with from this message?

What did you agree/disagree with from today's message?



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## WHAT IS SABBATH?

What does the Bible say?

Genesis 2:1-3

Exodus 20:8-10

Exodus 20:10-11

שַׁבָּת

שַׁבַּת

נוֹחַ

What does Jesus say? (Mark 2)

Sabbath is...

a \_\_\_\_\_ from God.

About \_\_\_\_\_.

To point to \_\_\_\_\_.

A day of \_\_\_\_\_ from all that...

<sup>7</sup> If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. <sup>8</sup> This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples. — John 15